

[View this email in your browser](#)



### STXSA Graduation

**Application Deadline EXTENDED:** *applications will be accepted until March 17, 2025*

**Recording deadline:** Monday, March 17, 2025

**Graduation Concert and Reception:** Saturday, May 3, 2025

[Register for Graduation](#)

## Beyond the Notes: Life Lessons and How Music Lessons Can Take You to New Heights!

Author: Katherine Sullivan



became the first human to play the violin in space! His live performance was beamed back to earth and accompanied by orchestras around the world.

So what does this have to do with music lessons? Sarah Gillis is the daughter of a **Suzuki violin teacher** and grew up learning the Suzuki method. When asked about how her music education has shaped her career as an astronaut she said:

*“The discipline, work ethic, and creativity fostered through music set me on the path that led to this extraordinary adventure into space.”*

[Click here to watch the performance!](#)

## **5 life skills your child will gain through music education that will enrich their character:**

- **Resilience:** Not being able to do it today, doesn't mean you can't do it tomorrow. You just can't do it....yet!
- **Project Management:** Taking a large piece and breaking it into small pieces and managing your time so that you reach your goal. This happens each week when preparing for the lesson and at each recital as we make a plan to present our best possible performance.
- **Analyzing and Problem Solving:** Taking a problem, hypothesizing the cause, creating a solution, trying it (maybe failing and revisiting the hypothesis stage...and practicing resilience), repeating that solution and then plugging that solved piece back into the puzzle.
- **Ability to take feedback and make changes:** In higher education and beyond, the ability to accept feedback and implement changes quickly will be an important skill that students use for many years after their last lesson.
- **Grit:** Practicing when you don't feel like it, having a lesson even when you're tired, learning a piece of music that is maybe not your favorite, are all examples of how music lessons teach us to make a plan and execute even when it's hard!

## **How you (as the practice partner) can help!**

- **Encourage them to try when it's hard:** Help them reframe their language: “you can't do it right now, but can you make a plan to achieve it?”
- **Use that lesson time wisely:** Be prepared with your assignments, get materials out and move with purpose so you get the most instruction possible out of your time; lessons are only once a week!

- **Establish growth mindset:** No matter your level, we all have something to learn and something to improve. Show up to each musical experience prepared, on time, and ready to learn!
- **Recognize the small steps:** Not every lesson or practice session will be a moon landing, but each small step compounds to a giant leap!
- **Subscribe to the STXSA Parent Series:** Each session will include a lecture and a Q&A. Join authors [Christine Goodner](#) and [Michele Horner](#) about strategies to help you and your student succeed!

### Register for the Parent Series Here!

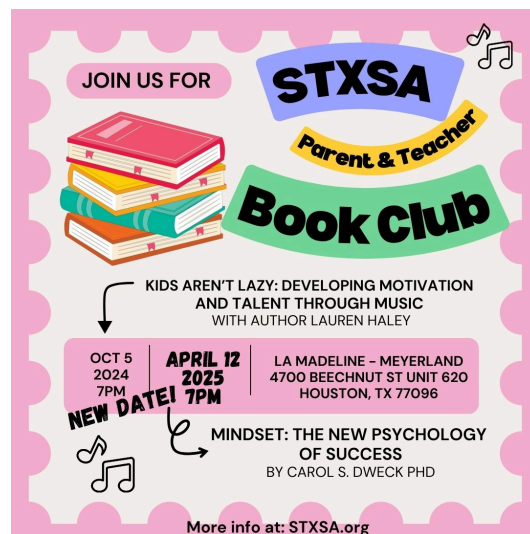
Unfortunately, due to illness, the Parent Night Online Series #1 is being rescheduled, but don't fret! You can still register, attend the rescheduled event (or watch the video online at a later date) and BOGO - get Parent Night Online Series #2 on April 29 for free! Recordings will be available until May of 2025!

### STXSA Book Club for teachers and parents!

Let's get a head start on our next book!  
Mindset: The New Psychology of Success  
by Carol S. Dweck, Phd.

[Books available here](#)

See you on April 12, 2025!



JOIN US FOR

**STXSA**  
Parent & Teacher  
**Book Club**

KIDS AREN'T LAZY: DEVELOPING MOTIVATION AND TALENT THROUGH MUSIC  
WITH AUTHOR LAUREN HALEY

OCT 5 2024 7PM  
**NEW DATE!** APRIL 12 2025 7PM

LA MADELINE - MEYERLAND  
4700 BEECHNUT ST UNIT 620  
HOUSTON, TX 77096

MINDSET: THE NEW PSYCHOLOGY OF SUCCESS  
BY CAROL S. DWECK PHD

More info at: [STXSA.org](http://STXSA.org)

[STXSA Parent Corner Newsletter Archives](#)

[Southeast Texas Suzuki Association](#)

[Suzuki Association of the Americas](#)

[International Suzuki Association](#)

---

**PARENT CORNER ARCHIVES: CLICK HERE**

---

**Questions? Suggestions? CLICK HERE**

#### **STXSA Event Calendar 2024-2025**

Rescheduled date TBA - Parent Night Online Series #1  
January 27 - Summer Suzuki Institute Scholarship Application Deadline  
February 8 - STXSA Spring String Fling  
February 10 - Summer Institute Scholarship Award Announcement  
March 17 - Graduation Recording Deadline  
April 5 - Ribbon Festival  
April 12 - Parent & Teacher Book Club  
April 29 - Parent Night Online Series #2  
May 3 - Graduation Concert

#### **STXSA Teacher Meeting Calendar 2024-2025**

January 5 - Board Meeting  
January 12 - Teacher General Meeting  
March 2 - Board Meeting  
April 12 - Parent & Teacher Book Club  
May 4 - Board Meeting  
May 18 - Teacher General Meeting and End-of-Year Party



---

*Copyright © 2024 STXSA, All rights reserved.*

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).

[Subscribe](#)

[Past Issues](#)

[Translate ▼](#)

